

**APEC 倡議 4E(飲食、運動、生態、經濟)實現星球健康之國際研討會  
議程**

**2022 年 3 月 17 日 星期四 | 時區: GMT+8**

時間	主題	講者
08:30-09:30	實體與會報到	
09:30-09:40	開幕致詞	<b>石崇良常務次長</b> 衛生福利部
09:40-09:45	大合照	
09:45-10:15	<b>大會演講</b> 創造幸福社會: 21 世紀的健康挑戰	<b>Trevor Hancock 名譽教授</b> 加拿大維多利亞大學公共衛生暨社會政策學院
10:20-11:40	<b>主題演講 1: 攜手展現「綠食力」, 共享宜居地球</b> 主持人: <b>潘文涵特聘研究員/ 中央研究院</b>	
10:20-10:40	兩全其美的方法: 個人健康與星球健康的植物性飲食	<b>林名男副院長</b> 大林慈濟醫院
10:40-11:00	講題 2	<b>Courtney Howard 臨床副教授</b> 加拿大卡爾加里大學醫學院
11:00-11:20	建構健康且永續飲食的路徑	<b>Walter C. Willett 教授</b> 美國哈佛公共衛生學院
11:20-11:40	綜合討論	
11:40-13:00	午餐	
13:00-14:20	<b>主題演講 2: 運動產業的綠色行動與創新</b> 主持人: <b>謝英士董事長/ 環境品質文教基金會</b>	
13:00-13:20	結合科技賦能與健康教練, 提升長者生活智慧及品質	<b>Theng Yin Leng 副教務長</b> 新加坡南洋理工大學
13:20-13:40	泰國國家級身體活動促進策略分享	<b>Udom Asawutmangkul 組長</b> 泰國公共衛生部健康署身體活動與健康組
13:40-14:00	運動產業之數位化與永續性	<b>相子元教授</b> 國立臺灣師範大學運動競技學系
14:00-14:20	綜合討論	
14:20-14:30	中場休息	
14:30-15:50	<b>主題演講 3: 官方代表及民間團體分享</b> 主持人: <b>蘇慧貞校長/ 國立成功大學</b>	
14:30-14:50	健康生活型態促進運動: 泰國經驗	<b>Pairoj Saonuam 助理執行長</b> 泰國健康促進基金會
14:50-15:10	講題 2	<b>Erna Mulati 司長</b> 印尼衛生部公共營養及婦幼健康司
15:10-15:30	推動全民綠生活	<b>簡慧貞處長</b> 行政院環境保護署
15:30-15:50	綜合討論	
15:50-16:00	閉幕致詞	<b>吳昭軍署長</b> 國民健康署

# APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics

## Agenda

Date: Thursday, 17<sup>th</sup> March, 2022 | Time Zone: GMT+8

Time	Topic	Speaker
08:30-09:30	Registration	
09:30-09:40	Opening Remarks	<b>Dr. Chung-Liang Shih</b> Vice Minister, Ministry of Health and Welfare, Chinese Taipei
09:40-09:45	Group Photo	
09:45-10:15	<b>Keynote Speech</b> Creating Well-Being Societies: The Health Challenge of the 21 <sup>st</sup> Century	<b>Prof. Trevor Hancock</b> Professor Emeritus, School of Public Health and Social Policy, University of Victoria, Canada
10:20-11:40	<b>Plenary 1: Join for Demonstrating the "Green Eating Power" and Sharing the Livable Planet</b> Moderator: <b>Dr. Wen-Harn Pan</b> , Distinguished Research Fellow, Academia Sinica, Chinese Taipei	
10:20-10:40	One Action, Two Functions- Plant-Based Diet for Personal Health and Planetary Health	<b>Dr. Ming-Nan Lin</b> Vice Superintendent, Buddhist Tzu Chi Medical Foundation Dalin Tzu Chi Hospital, Chinese Taipei
10:40-11:00	Topic 2	<b>Dr. Courtney Howard</b> Clinical Associate Professor, Cumming School of Medicine, University of Calgary, Canada
11:00-11:20	Creating a Path for Healthy, Sustainable Diets	<b>Prof. Walter C. Willett</b> Professor, Epidemiology and Nutrition, Harvard T.H. Chan School of Public Health, United States
11:20-11:40	Panel Discussion	
11:40-13:00	Lunch	
13:00-14:20	<b>Plenary 2: The Green Action Plan and Innovation of Sport Industry</b> Moderator: <b>Dr. Ying-Shih Hsieh</b> , Chair, The Environmental Quality Protection Foundation (EQPF), Chinese Taipei	
13:00-13:20	Elderly-Centred Technology-Enablers and Health Coaches for Living Well, Ageing Well and Ageing Smart	<b>Prof. Theng Yin Leng</b> Associate Provost (Faculty Affairs), President's Office, Nanyang Technological University (NTU), Singapore
13:20-13:40	National Physical Activity Promotion Strategy and Campaign: Lesson learned from Thailand	<b>Dr. Udom Asawutmongkol</b> Director, Division of Physical Activity and Health, Department of Health, Ministry of Public Health, Thailand
13:40-14:00	The Digitalization and Sustainability of Sport Industry	<b>Prof. Tzyy-Yuang Shiang</b> Distinguished Professor, Department of Athletic Performance, National Taiwan Normal University, Chinese Taipei
14:00-14:20	Panel Discussion	
14:20-14:30	Coffee Break	
14:30-15:50	<b>Plenary 3: Case Sharing from Official and Private Representatives</b> Moderator: <b>Prof. Huey-Jen Jenny Su</b> , President, National Cheng Kung University, Chinese Taipei	
14:30-14:50	Healthy Lifestyle Promotion Movement: Thailand Experience	<b>Dr. Pairoj Saonnam</b> Assistant CEO, Thai Health Promotion Foundation, Thailand
14:50-15:10	Topic 2	<b>Dr. Erna Mulati</b> Director, Public Nutrition, Mother and Child Health, Ministry of Health, Indonesia
15:10-15:30	Promoting Green Life for All	<b>Dr. Huei-Jen Chien</b> Director, Environmental Protection Administration, Executive Yuan, Chinese Taipei
15:30-15:50	Panel Discussion	
15:50-16:00	Closing Remarks	<b>Dr. Chao-Chun Wu</b> Director-General, Health Promotion Administration, Ministry of Health and Welfare, Chinese Taipei



# 2022 APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics

倡議4E(飲食、運動、生態、經濟)實現星球健康之國際研討會

17 March

# INVITATION



敬愛的貴賓，您好

誠摯地邀請您參與「2022 APEC倡議4E(飲食、運動、生態、經濟)實現星球健康之國際研討會(2022 APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics)」。本研討會將邀請APEC經濟體官方代表、公共衛生領域專家學者、產業領導者們共襄盛舉，分享並推廣4E原創概念，倡議產、官、學跨域合作及深化APEC經濟體間經驗交流，攜手共創亞太地區之全民均健。會議資訊如下：

日期：2022年3月17日(星期四) 9:00

地點：張榮發基金會國際會議中心10樓1001會議室

地址：臺北市中正區中山南路11號

敬邀您蒞臨指導

衛生福利部國民健康署 署長

敬邀



大會官網(詳細議程與資訊)：

<https://www.apec4e.org>



貴賓報名：

<https://www.surveycake.com/s/vGWvN>

※敬請於3月8日(星期二)前完成報名。

※敬請全程配戴口罩，並配合相關防疫規範。

Dear Sir / Madam,

You are cordially invited to attend the "APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics". This Conference brings together APEC official representatives, public health experts and leaders from sports industries to share and promote the original concept of the 4E. The Conference aims to advance the cooperation between government and private sectors, as well as deepen the collaboration and exchange of experiences between APEC member economies on achieving health-for-all in the Asia-Pacific Region.

The details of the event are as follows:

Date: March 17, 2022 (Thursday) 9:00

Location: R1001, CHANG YUNG-FA FOUNDATION  
International Convention Center

Address: No.11, Zhongshan S. Rd., Taipei City 10048, Taiwan (R.O.C.)

Sincerely,

Director-General

Health Promotion Administration

Ministry of Health and Welfare



Conference Website  
(Detailed information):

<https://www.apec4e.org>



Registration:

<https://www.surveycake.com/s/Yx3rK>

※ Please register by March 8, 2022

※Please wear a mask during the Conference and follow the epidemic prevention regulations.



Asia-Pacific  
Economic Cooperation



Health Promotion Administration,  
Ministry of Health and Welfare